

Sealing & Disconnecting

ENDING THE REIKI TREATMENT



It's important to offer gratitude, cleanse yourself, and close the energy once you've completed a healing session.

SEALING

Upon completion of the treatment, use the power symbol to seal the healing that has taken place. Trace the the symbol over the clients body.

BRUSHING OFF

To end a Reiki treatment, comb through the recipient's aura with your hands from head to toe. This will clear away any energetic debris that has lifted from the physical body during the treatment. Repeat this three times circling around the heart space.

DRY BATHING

Step back and place the left hand on the right shoulder stroke down the chest and across the stomach to the left hip. Repeat on the other side. Next stroke down the arm shoulder to finger tips. Finally brush your hands briskly against each other and visualise dusting off any residual energy from the treatment.

GIVE THANKS

Give thanks for the healing that has taken place. It is also beneficial to make a silent request that any negative or stagnant energies be transformed into positive energies and returned to the Universe at this point.

RAKU

The Reiki Raku symbol, also known as the 'fire serpent,' is primarily used to seal in the healing energies by closing the chakras and grounding the client.

It is drawn downwards from the head of the recipient to the ground, allowing the energy received during this process to remain inside the 7 chakras.

The completion symbol also plays an important part in separating the energies of the Reiki practitioner and client. Also draw the symbol in the air between yourself and your client.

You may also like to spend some time meditating on this symbol .

The Completion Symbol

