

Channelling Reiki

TREATING CHILDREN & ANIMALS

Children V Adults

It is important to remember that some adults, over time, have forgotten how to feel (or have become less aware of) their energetic and physical body. That's okay. Just know that they might say that they can't feel the energy moving. It might be subtle, but it doesn't mean that the Reiki isn't working effectively.

Reiki for Children

When working with children, depending on their age, it can also help to share with them what you are doing and why. Children are often incredibly perceptive to energy work and tend to be very open to alternative practices. Of course children will usually require a much shorter Reiki session than adults.

Some parents will also show children how to receive energy and channel Reiki themselves so that they begin to access the beautiful portal of natural healing at an early age.



Reiki for Animals

This Reiki technique can also be used to treat household pets. Like children, animals are often very sensitive to energy and require a much shorter Reiki session than adults.

Some pets require a little time to get used to receiving, whereas other pets won't leave you alone from the very first time they sense the Reiki energy. Whatever the situation may be, introduce your pet to Reiki very gradually.