

Natural Healing

FREQUENCY OF LIFE



Reiki is a simple, natural and safe method of spiritual healing which channels the pure source of Divine Universal life force energy for the purposes of healing.

While Reiki is spiritual in nature, it is not a religion. It has no dogma, so there is nothing you must believe in order to learn and use Reiki.

Reiki holistically stimulates the body's natural healing abilities

Reiki is neither positive nor negative, it is in fact the highest vibrational frequency of life. Divine in origin, Reiki is pure unconditional love and joy bringing all who experience and embrace its principles together in harmony.

Reiki energy holistically stimulates the persons own natural healing abilities, aiming to bring about harmonious balance of the mind, body and spirit.

The skills and techniques associated with Reiki are simple and easy for anyone to learn and utilise this ancient form of healing in their daily lives.

Reiki energy can not be destroyed. Even when we die and the life force energy leaves our body, it continues to exist as part of the Universe.

Reiki is ever present - this means anyone can channel its energy for healing, however without being attuned in sacred ceremony, you will only be using around 10-20% of its capacity for healing. When we are attuned to Reiki by a Reiki master we are able to harness this energy to heal ourselves and others much more efficiently.

The gift of healing remains with us for the rest of our lives. We can only lose it if we use it for negative or destructive purposes. Reiki is pure and it must be treated as such.